

# Body Rider Cardio Dual Trainer



**Model:** BRD2000

**Manufacturer:** Body Flex

**MSRP:** \$259.99

- Patented 2-in-1 elliptical motion design technology
- Can be used as an elliptical or exercise bike
- Seat adjusts both vertically and horizontally
- High momentum fan blades for a fluid workout
- Tension adjusts with just the turn of a knob
- LCD display measures calories burned, distance, speed and time