

# Icy-Glide Massage Roller Ball



**Model:** SR-10J

**Manufacturer:** Homedics

**MSRP:** \$34.99

- The Icy-Glide ball is great for rapid pain relief
- Use cold therapy to alleviate pain and boost recovery
- Features 360-degree easy glide technology
- Helps maximize your post workout recovery
- Relieve tension and improve blood circulation
- Removable ball can be placed on floor for feet or back use
- Stays cold up to 3 hours