

# 5-Station VKR Power Tower



**Model:** VKR1010

**Manufacturer:** Body Flex

**MSRP:** \$249.99

- 55mm x 62mm D-Shape frame
- Thick, heavy-duty box style cushions for back and forearms
- Chin and pull-up station with inside and wide grip positions
- VKR Station for abdominal vertical knee raises
- Dip station for upper body workout
- Non-slip foot grips can be used as push-up bars
- Helps develop muscle strength using your own body weight
- Ideal for anyone from beginners to seasoned body builders
- Heavy-duty steel frame