

# 3-in-1 Trio Trainer Workout Machine



**Model:** BRT5118

**Manufacturer:** Body Flex

**MSRP:** \$499.99

- 3-in-1 Design - Elliptical trainer, Upright stationary cycle, Recumbent bike
- Easy transitions from one machine to the other without unmounting or adjust hardware
- Each position features a different handlebar position and use
- Features a computer console that tracks calories burned, time, distance and speed
- Fluidity Flywheel system supports a smooth workout
- Continuous resistance is adjustable with knob and quiet operation
- 2-Way adjustable seat
- Transport wheels for storing