## Forerunner 55 Running Smartwatch, Black



Model: 010-02562-00 Manufacturer: Garmin

MSRP: \$199.99

- Up to 2 week battery life in smartwatch modeBuilt-in GPS tracks distance, pace and intervals
- Wrist-based Heart Rate
- Garmin Coach expert coaches and free training plans
- Personalized training guidance
- PacePro technology
- Cadence alerts
- Recovery time feature
- Built-in sports apps
- Fitness age
- Respiration and Women's Health tracking
- Receive smart notifications
- Assistance and incident detection features
- Water resistant to 50 M
- Black silicone band
- Case size: 42 x 42 x 11.6mm
- Band fits wrists 126-203mm in circumference