AeroPilates Reformer 379

Model: 55-4379

Manufacturer: Stamina

MSRP: \$699.99



- Gain cardio and strength exercise without impact stress
- Four cords of varying resistance offers 11 intensity options
- Patented Cardio Rebounder offers more varied workouts
- · Pulley rises make changing the rope height easy
- Padded hand, foot straps and foot bar
- Textured standing platform
- · Head and neck pillow
- Foldable frame with wheels
- Ships only in the contiguous 48-states
- 300lb Weight capacity
- Dimensions: 86" x 21" x 26"
- Includes: 4 Workout DVDs
- Marjolein Brugman's Jumpstart program
- Wall chart