X Air Rower 1401

Model: 35-1404

Manufacturer: Stamina

MSRP: \$600.00



- Uses dynamic air resistance to change the intensity of workouts
- Row harder for a higher resistance and slow down to recover
- Padded seat slides smoothly on a steel beam
- Textured rowing handle attached to a durable nylon rowing strap
- Footplates with straps pivot to keep ankles and knees properly aligned
- Multi-function monitor displays speed, distance, time and calories
- Includes free access to muuv, the smart audio coaching app
- Dimensions: 77" x 18.75" x 22"
- Ships only in the contiguous 48-states